

**SIMON FRASER UNIVERSITY  
SUMMER SEMESTER 2007**

**EDUC 459-4  
INSTRUCTIONAL ACTIVITIES IN PHYSICAL  
EDUCATION  
(E02.00)**

**TAMMY WIRICK**

email: leewirick@shaw.ca

Wednesday 5:30-9:20 EDB 7540 (mini gym)

---

**PREREQUISITE:** EDUC 401/402

**Course Description**

This is a general course in physical education K-12. The BC IRP will be introduced and the focus for practical sessions will be on games, gymnastics, dance and classroom activities. Theoretical topics covered will include definitions of physical activity/physical education, fitness, skill development, inclusion and safety. All sessions will include active participation. Please note there will be no session May 9th 2007. There will be an in-school session held June 1st or 4th(8:40-12:10, student choice of date)

**Assignments**

1. Unit Plan/Peer feedback draft (25%/5%) An integrated unit(8-10 lessons) for a chosen grade level. The unit plan will include rationale, overview, lesson plans and evaluation. Peer feedback will be structured on the given date(in class).
2. Group led warmup/reflection/lesson plan(10%/10%) This is a three part assignment. Firstly, in small groups (4-5) students will lead a warmup of approximately 20 minutes. Secondly, the small group leads a debrief of the warmup activity and individually prepares a written reflection. Thirdly, students will individually prepare a lesson plan that incorporates aspects of the fitness warmup.
3. Yearly Plan (20%) The yearly plan will include a description of the chosen school/grade level, balance of activities, resource list and intramural plan.
4. Participation(30%) Responses to readings, contributions to class/small group work and attendance will contribute to this mark.

**Textbook**

No required text. Readings will be provided \$20 photocopying fee.

**Recommended texts**

Learning by Choice in Secondary Physical Education (Kaardal, 2002, Human Kinetics)  
Physical Education for Elementary School Children (Kirchner/Fishbourne, 10th edition, McGraw-Hill)  
Teaching Children Physical Education (Graham,2nd edition, Human Kinetics)